



Psychiatric RN / LPN Skills Checklist

This skills checklist is to be used by RN's with more than one year of nursing experience in their specialty. It will be utilized by healthcare facilities as a determining factor in assignment approval and for skill assessment while on assignment. Please complete all sections thoroughly and accurately. This document will remain a permanent part of

your HR file with Solutions Staffing until it is amended or replaced.

Date _____ Name (*print*) _____

Key to Competency Levels

0 – No Experience 1 – Minimal experience, need review and supervision, have performed at least once 2 – Comfortable performing with resource available 3 – Competent to perform independently and safely 4 – Expert, able to act as resource to others

	0	1	2	3	4
Standards of Care					
Maintains standards of nursing practice and professional conduct as determined by the licensing body and the practice setting					
Bases practice on the best evidence from nursing science and other sciences and humanities					
Makes decisions about actual or potential problems and strengths, plans performs interventions and evaluates outcomes					
Adheres to the ethical standards of the nursing profession					
Provides nursing services and collaborates with other members of the healthcare team in providing health care services					
Provides nursing services and collaborates with other members of the healthcare team in providing health care services					
Assumes primary responsibility for maintaining competence and fitness to practice.					
Clinical Assessment					
Categorizing the patient:					
Emergency					
Non-Emergency					
Urgency					
Exam Preparation:					
Anticipation of Outcome					
Appropriate Environment					
Clinical Record					
Initial Response					
Security Assessment					
Mental Status Evaluation:					
Behavior					
Appearance					
Movement					
Speech					
Emotion					
Affect					
Mood					
Orientation and Installments:					
Abstraction					
Attention and Concentration					
Calculation					
Judgment and Insight					
Memory					
Perceptions:					

	0	1	2	3	4
Hallucination					
Illusions					
Thought:					
Circumstantialities					
Delusion					
Flight of Ideas					
Homicidal Thoughts					
Ideas of Reference					
Looseness of Association					
Obsession					
Tangential Thought					
Medical Legal Considerations					
Civil Commitment					
Criteria					
Competence and Consent					
Consent: Definition					
Consent in Practice					
Confidentiality					
Documentation					
Duty to Care					
Duty to Protect					
Duty to Warn					
Liability					
Post-Discharge Behavior					
Patient's Rights, Miranda Rights					
Alcohol Related Problems					
Alcohol Amnesic Disorders					
Alcohol Hallucinations					
Alcohol Withdrawal					
Alcohol Withdrawal Seizures					
Alcohol Withdrawal Syndrome					
Idiosyncratic					
Baxter 1550					
Drug Abuse Problems					
Cannabis Intoxication					
Hallucinogen Intoxication					
Inhalant Abuse					
Opioid Overdose					
Opioid Withdrawal					
Phencyclidine Abuse (PCP)					
Sedative – Hypnotic Intoxication					
Sedative – Hypnotic Withdrawal					
Stimulant Abuse					
Triage Approach to Emergencies:					
Autonomic Signs					
Neurological Signs					
Psychological Symptoms					

The Violent Patient					
	0	1	2	3	4
Drug Treatment					
Handling a Patient with a Weapon					
Problem Identification:					
Guidelines					
Use of Ambulatory Restraints					
Use of Full Restraints					
Use of Wrist Restraints					
Risk Factors for Violence					
Self-Destructive Behavior					
Clinical Indicators of High Suicide Risk					
Problem identification:					
Patient Safety					
Physical Assessment					
Mental Status					
Anxiety Problems					
Rape					
Crisis Intervention					
Protocol for Exam					
Signs of Physical and Sexual Abuse					
Child					
Risk Factors for Child Abuse					
Types of Child Abuse					
Elder					
Spousal					
Child and Adolescent Behavior Problems (Signs & Symptoms)					
Runaway Behavior					
Suicidal Behavior					
Violent Behavior					
Difficult Situations					
Antisocial Personality Disorder					
Borderline Personality Disorder					
Catatonia					
Conversion Disorder					
Conversion Hysteria					
Developmentally Disabled Patient					
Disposition Difficulties (Placement)					
Drug Seeking Behavior					
Eating Disorders					
Factitious Disorder (Munchausen Syndrome)					
Homelessness					
Hypochondriasis					
Language Barriers					
Malingering					
Summarization Disorder					
Briquette's Syndrome					
Telephone Callers					

Psychological Tests					
	0	1	2	3	4
Bender Visual Motor Gestalt Test					
Benton Visual Retention Test					
Child's Apperception Test (CAT)					
Draw-a-Family (DAF)					
House-Tree-Person Test					
Draw-a-Person Test					
Developmental Schedules					
Minnesota Multiphonic Personality					
Rorschach Test					
Stanford-Binet Test					
Thematic Apperception Test					
Vineland Social Maturity Scale					
Wechsler Intelligence Scale for Children					
Medications					
Drug Treatment of Alcoholic Withdrawal Seizures					
Psychotropic Drugs:					
Anti-anxiety Drugs					
Anti-convulsant					
Anti-depressant					
Antihistamine (Benadryl, Atarax)					
Antipsychotics					
Disulfiram (Antabuse)					
Lithium Carbonate					
Treatment Approaches					
Rapid Tranquilization					
Treatment of Opioid Overdose					
Treatment of Sedative Overdose					
Behavior Charting					
Behavior Therapy Techniques:					
Aversive Conditioning					
Desensitization					
Emotive Imagery					
Extinction					
Flooding					
Modeling					
Operant Conditioning					
Relaxation Techniques					
Role Playing					
Cognitive Therapy					
Dynamic Psychotherapy					
Electroconvulsive Therapy					
Experimental Therapy					
Goal Setting/ Contracts					
Group Therapy					
	0	1	2	3	4
Individual Psychotherapy					

Milieu Therapy					
Multi-Disciplinary Team Approach					
Phototherapy					
Supportive Psychotherapy					
Therapeutic Communication Skills					
Treatment Settings					
Acute Hospital Psych Ward:					
Eating Disorder Unit					
Part-time Hospitalization					
Self Help Community Setting					
Substance Abuse Unit					
Acute Psychiatric Facility:					
Adolescent Unit					
Crisis Intervention Center					
Abuse					
Suicide					
Head Trauma/Rehab					
Home Health					
Locked Ward					
Certificates Held					
<input type="checkbox"/> Certified Psychiatric Nurse	<input type="checkbox"/> Pediatric BLS <input type="checkbox"/> Other				
<input type="checkbox"/> ACLS	<input type="checkbox"/> PALS				
<input type="checkbox"/> Psychiatric RN Case Manager	<input type="checkbox"/> Adult BLS				

Please check the boxes below for each age group for which you have expertise in providing age-appropriate nursing care.

A. Newborn/Neonate (birth - 30 days)

F. Adolescents (12 - 18 years)

B. Infant (30 days - 1 year)

G. Young adults (18 - 39 years)

C. Toddler (1 - 3 years)

H. Middle adults (39 - 64 years)

D. Preschooler (3 - 5 years)

I. Older adults (64+)

E. School age children (5 - 12 years)

Experience with Age Groups:

A B C D E F G H I

Able to adapt care to incorporate normal growth and development.

Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level.

Can ensure a safe environment reflecting specific needs of various age groups

Please read and agree to the statements below by marking the checkbox.

* I attest that the information I have given is true and accurate to the best of my knowledge and that I am the individual completing this form. I hereby authorize the Company to release this Psychiatric Checklist to the Client facilities in relation to consideration of employment as a Traveler with those facilities as indicated by my signature below:

Signature