



Pediatric / Pediatric ICU RN Skills Checklist

This skills checklist is to be used by RN's with more that one year of nursing experience in their specialty. It will be utilized by healthcare facilities as a determining factor in assignment approval and for skill assessment while on assignment. Please complete all sections thoroughly and accurately. This document will remain a permanent part of your HR file with Solutions Staffing until it is amended or replaced.

Date _____ Name (*print*) _____

Key to Competency Levels

0 – No Experience 1 – Minimal experience, need review and supervision, have performed at least once 2 – Comfortable performing with resource available 3 – Competent to perform independently and safely 4 – Expert, able to act as resource to others

Standards of Care	0	1	2	3	4
Maintains standards of nursing practice and professional conduct as determined by the licensing body and the practice setting					
Bases practice on the best evidence from nursing science and other sciences and humanities					
Makes decisions about actual or potential problems and strengths, plans performs interventions and evaluates outcomes					
Adheres to the ethical standards of the nursing profession					
Provides nursing services and collaborates with other members of the healthcare team in providing health care services					
Provides nursing services and collaborates with other members of the healthcare team in providing health care services					
Assumes primary responsibility for maintaining competence and fitness to practice.					
General Pediatric Skills/Calculations (Age/Weight)	0	1	2	3	4
Physical Assessment					
Lab Values					
Vital Signs					
Normal Urine Output					
Growth Charts					
Maintenance Fluids and Intakes					
Fluid Replacements					
Caloric Count					
Immunization Schedules					
Determination of body surface area (BSC)					
General Nursing	0	1	2	3	4
Nursing Process					
Patient Care Plans					
Patient / Family Teaching					
Discharge Planning					
Transcription of Physician Orders					
Feeding	0	1	2	3	4
Normal Diet for Age					
Normal Feeding Techniques					
NG Tube Insertion and Feeding					
Gastrostomy Feeding (GT)					
Special Needs i.e.; Cleft Palate					
Special Diets such as metabolic,diabetic, etc.					

Equipment	0	1	2	3	4
Non-Invasive Blood Pressure Monitoring (Dynamapp)					
Digital Weighing Scales					
Infusion Pumps (Indicate Types Used)					
Syringe Pumps					
Doppler					
Blood Glucose Reflectance Meter (Indicate Types Used)					
Pain Control Analgesia (PCA) Pumps					
Gastric Feeding Pumps					
Pharmacology / IV Skills	0	1	2	3	4
Unit Dose System					
Calculation of dosages					
Drug Compatibilities, side effects/nursing implications					
Medication Administration via:					
Nasogastric (NG)					
Intramuscular (IM)					
Subcutaneous (SUBQ)					
Eye / Ear					
IV Push					
IV Piggyback					
Burotrols / Volutrol/giving sets					
Hourly IV Rate Calculations					
Saline / Heparin Locks					
Needless System					
Administration of blood and blood products					
Total Parenteral Nutrition (TPN)					
Lipids					
Morphine Infusions					
Insulin Infusions					
Heparin Infusions					
Epidural Analgesia Injections					
Heparin Locking / Maintenance					
Rapid Administration of:					
Bicarbonate					
Calcium					
Potassium					
Magnesium					
Vascular Access Devices / Central Lines					
Peripheral IV Starts					
Scalp IV Starts					
Blood Draws:					
Peripheral					
Central Lines					
Patients With Neurological Problems	0	1	2	3	4
Assessing the Neurological System including:					
Glasgow Coma Scale					
Cranial Nerves					

Motor Response/Posturing					
Mental Status/Cognition/Responsiveness					
Pupillary Responses					
Developmental Appropriateness					
Caring for Patient Undergoing Neurologic Surgery (Pre /Post- Op)					
Caring for Patient with:					
Acute Head Injury Open / Closed					
Internal / External Shunts					
Autonomic Dysreflexia					
CNS Infections (Meningitis, Abscess, Encephalitis)					
Drug Overdose					
Neuromuscular Blocking Agents (NMBA)					
Train of Four					
Seizures					
Spinal Fusion					
Spinal Cord Injury (SCI)					
Steroid Protocol for SCI					
Battered Child Syndrome					
Reye's Syndrome					
Spina Bifida					
Near Drowning					
Rehabilitation of the Neurological Patient, using:					
Rotorest Bed					
Halo Traction					
Patients With Cardiovascular Problems	0	1	2	3	4
Assessing the Cardiovascular System including:					
General Appearance/Activity Level					
Capillary Refill					
Edema					
Heart Sounds					
Positioning (Knee/Chest, Posturing)					
Pulses					
Skin Color/Temperature					
Cardiopulmonary Arrest (Role, Documentation)					
Obtaining and Interpreting Blood Lab Values					
Administering of Blood and Blood Products					
Caring for Patient with Valvular Disease					
Care of Patients With:					
Cardiac Infection					
CHF					
Cardiac Catheterization					
CVA					
Hypoplastic Left Heart					
PDA Ligation					
Pacemaker					
Pulmonary Edema					
Transplant					
Wolf-Parkinson White Syndrome					
Coarctation of the Aorta & Coarctotomy					

DIC					
ECMO Therapy					
Interpret Lab Values					
Patients With Respiratory Problems	0	1	2	3	4
Assessing the Respiratory System including:					
Breath Sounds					
Breathing Pattern/Effort					
Cough Effort					
Skin and Nail Bed Color					
Sputum (Color/Character)					
Care and Maintenance of Acute Airway Obstruction (Nasopharyngeal Airway, Oropharyngeal Airway)					
Administering and Monitoring O2:					
Nasal Cannula					
Mask					
Continuous O2 Sats					
Apnea Monitors					
Incentive Spirometry					
Chest Physio					
Demonstrating Proper Use of the Ambu Bag					
Caring for a Patient with:					
Acute Respiratory Failure					
Asthma					
BPD					
Blunt Trauma					
Croup					
Cystic Fibrosis					
Epiglottitis					
Foreign Body Aspiration					
Hemothorax					
Near Drowning					
Near SIDS					
Open Chest Injury					
Pneumonia					
Pneumothorax					
Pre/Post Thoracic Surgery					
RDS					
RSV					
Flail Chest					
Respiratory Distress Syndrome					
Pulmonary Edema					
Pulmonary Emboli					
Tracheostomy					
Tracheostomy Care					
Use of Ambu bag					
Tracheal Suctioning					
Change of trach ties/dressing					
Changing of trach tubes					
Tracheal aspirate collection					

Chest Tube Management:					
Identifying Indications					
Assisting with Placement					
Setting up Pleurovac					
Monitors, Suction Level, Air Leak, Drainage Site					
Dressing Change					
Removal					
Pleural Tube Management:					
Identifying Indications					
Monitoring Patient During and After Aspiration of Fluid					
Patients With Endocrine System Problems	0	1	2	3	4
Blood Glucose Monitoring Device					
Care of Child/Infant with Diabetic Complications					
Cardiac Arrhythmia					
Cerebral Edema					
Coma					
Dehydration					
Diabetic Ketoacidosis					
Electrolyte Imbalance					
Hypo/Hyperglycemia					
Hypo/Hyperkalemia					
Hypocalcemia					
Ketonuria					
Kussmaul Respirations					
Metabolic Acidosis					
Osteopenia					
Sepsis					
Thromboemboli					
Care of Child / Infant with Thyroid Disease					
Insulin Drip					
Insulin Pump					
Knowledgeable of Endocrine Assessment					
Knowledgeable of Lab Values					
Specimen Collection					
Patients With GI /Renal Problems	0	1	2	3	4
Assessing Bowel Sounds					
Assessing Appearance/Character of Urine/Stool					
Assessing Fluid and Electrolyte Balance					
Analyzing and Interpreting Serum Values					
Urine Specific Gravity, Osmolality, BUN, Creat., Urine Lytes					
Caring for Patient on Tube Feedings					
Feeding Tube Placement					
Caring for Patient with PEG-J					
Gastroenteritis					
GE Reflux					
Cleft Lip / Palate					
Caring for Patient with Abdominal Surgery:					
Drainage, NG Tube					
Ostomy Care					
Wound Care					

Urinary Tubes					
Foley Catheter Insertion / Care					
Suprapubic Catheter Care					
Ureteric Catheter Care					
Nephrostomy Tube Care					
Caring for Patient with Acute GI Bleed					
Caring for Patient on TPN					
Monitoring Finger Stick/Heel Stick Glucose Levels					
Caring for Patient in Acute Renal Failure					
Caring for Patient in Chronic Renal Failure					
Caring for Patient with Peritoneal Dialysis Catheter					
Hemodialysis					
Care of Child/Infant with:					
Blunt Trauma					
Bowel Obstruction					
Crohn's Disease					
GI Bleeding					
Gastroesophageal Reflux					
Gastroschisis/Omphalocele					
Hepatitis					
Incarcerated Inguinal Hernia					
Liver Failure					
Liver Transplant					
Necrotizing Enterocolitis					
Pre/Post Op Management					
Pyloric Stenosis					
Ruptured Appendix					
Tracheoesophageal Fistula (TEF)					
GI Assessment					
Insertion/Monitor/Maint. GI Tubes					
Nutritional Assessment					
Ostomy Care					
Peritoneal Dialysis					
Caring for Renal Transplant Patient					
Patients with Orthopedic Problems	0	1	2	3	4
Care if Child/Infant with:					
Cast/Splints/Collars					
Halo					
Multiple Trauma					
Pins					
Pre/Post Op Management					
SPICA					
Traction					
Amputation					
Skeletal Traction					
Other Skills	0	1	2	3	4
Obtaining Cultures for Septic Work-up (Blood, Sputum, Catheter Tips)					
Caring for Child with Meningococemia					

Caring for Immunocompromised Patient					
Caring for Burn Patients					
Caring for Patient Receiving Conscious Sedation					
Caring for Patient Using Jehovah Witness Protocol					
Caring for Patient During Bone Marrow Aspiration					
Infection Control Guidelines					
Antiemetic Devices					
Overbed Frame Safety					
Specialty Beds (i.e. Kinair)					
Intra-hospital Transport					
Coordinating Multidisciplinary Plan of Care and Initiating Interdisciplinary Referral for Identified Patient Needs					
Medication Administration	0	1	2	3	4
Knowledge of Indications, Actions, Contraindications, Side Effects, Methods of Administration, Calculation of Dose, Rate of Infusion, Caring for and Monitoring Patient Receiving the Following:					
Duramorph					
Furosemide (Lasix)					
Growth Hormone					
Heparin					
Insulin					
Lorazepam (Ativan)					
Midazolam (Versed)					
Morphine					
Naloxone (Narcan)					
Phenylephrine (Dilantin)					
Potassium Chloride					
Ranitidine (Zantac)					
Sodium Bicarbonate					
Sublimaze (Fentanyl)					
Terbutaline					
Theophylline					

Experience Areas, Record Years/Months of Previous Experience. (Check all that apply.)					
<input type="checkbox"/> NICU	Years:	Months:	<input type="checkbox"/> FBU - Family Birth Unit	Years:	Months:
<input type="checkbox"/> PICU	Years:	Months:	<input type="checkbox"/> Other	Years:	Months:

Certificates Held	
<input type="checkbox"/> NALS / NRP	<input type="checkbox"/> BLS
<input type="checkbox"/> PALS	

Please check the boxes below for each age group for which you have expertise in providing age-appropriate nursing care.

A. Newborn/Neonate (birth - 30 days)	F. Adolescents (12 - 18 years)
B. Infant (30 days - 1 year)	G. Young adults (18 - 39 years)
C. Toddler (1 - 3 years)	H. Middle adults (39 - 64 years)
D. Preschooler (3 - 5 years)	I. Older adults (64+)
E. School age children (5 - 12 years)	

Experience with Age Groups:

	A	B	C	D	E	F	G	H	I
Able to adapt care to incorporate normal growth and development.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can ensure a safe environment reflecting specific needs of various age groups	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please read and agree to the statements below by marking the checkbox.

* I attest that the information I have given is true and accurate to the best of my knowledge and that I am the individual completing this form. I hereby authorize the Company to release this Pediatric/ Pediatric ICU Checklist to the Client facilities in relation to consideration of employment as a Traveler with those facilities as indicated by my signature below:

Signature