



# Neonatal Intensive Care RN Skills Checklist

This skills checklist is to be used by RNs with more than one year of nursing experience in their specialty. It will be utilized by healthcare facilities as a determining factor in assignment approval and for skill assessment while on assignment. Please complete all sections thoroughly and accurately. This document will remain a permanent part of your HR file with Solutions Staffing until it is amended or replaced.

Date \_\_\_\_\_ Name (*print*) \_\_\_\_\_

## Key to Competency Levels

0 – Theory, no practice; 1 – Intermittent Experience; 2 – One – two years experience; 3 – Two plus years experience  
 resource available 3 – Competent to perform independently and safely 4 – Expert, able to act as resource to others

	0	1	2	3
<b>Standards of Care</b>				
Maintains standards of nursing practice and professional conduct as determined by the licensing body and the practice setting				
Bases practice on the best evidence from nursing science and other sciences and humanities				
Makes decisions about actual or potential problems and strengths, plans performs interventions and evaluates outcomes				
Adheres to the ethical standards of the nursing profession				
Provides nursing services and collaborates with other members of the healthcare team in providing health care services				
Provides nursing services and collaborates with other members of the healthcare team in providing health care services				
Assumes primary responsibility for maintaining competence and fitness to practice.				

<b>A. Medication Administration</b>	0	1	2	3
Unit Dose				
IV Push Medications				
IV Drip Medications				
Calculation of Neonatal Doses				
Administration of Eye Medication				
<b>B. IV Therapy</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Starting IV's				
Mixing IV's				
Regulating IV's				
IV Infusion Pumps				
CVP Lines				
Umbilical Artery Line (Maintenance and D/C)				
Umbilical Venous Line (Maintenance and D/C)				
Percutaneous Arterial Line (Maintenance and D/C)				
Blood / Blood Products Administration				
Exchange Transfusion				
IV Hyperalimentation/Intralipid				
Central				
Peripheral				
Dressings				
Broviac (Implanted Lines)				
Double Lumen Catheters				
<b>C. Evaluation and Management of Infant Post Delivery</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Apgar Scoring				
Thermoregulation:				
Temperature (Axillary, Rectal, Skin)				
Use of Isolette				

Use of Radiant Warmer				
Use of Warming Lights				
Gestational Age Assessment Tool				
Assessment				
Abdominal Growth				
Bowel Sounds				
Palate				
Suck/Swallow				
Feedings				
Assist with Breast Feeding				
Bottle				
Breast milk handling/storage				
Gavage				
Transport of Neonate to Nursery				
Initial Neonatal Physical Assessment				
<b>D. Infants with Cardiovascular Problems</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Cardiac/Apnea Monitor				
Taking EKG Rhythm Strip				
Taking EKG - 12 Lead				
Neonatal Cardiopulmonary Resuscitation				
Preparation of Emergency Drugs				
Defibrillation				
Care of Infant with:				
Congestive Heart Failure				
Congenital Heart Defects				
ASD				
VSD				
Tetralogy of Fallot				
Pulmonary Stenosis				
Aortic Stenosis				
Persistent Fetal Circulation				
Assessment of:				
Pulses				
Perfusion				
Heart Sounds				
Blood Pressure:				
Doppler				
Palpation				
Non-Invasive Machine (Dinamap)				
Administration of Cardiac Drugs:				
Oral				
IV				
IM				
Intracardiac Line				
Care of Infant in Shock				
Cardiogenic				
Septic				
Hypovolemic				
Care of the infant:				
Pre/Post Op Cardiac Surgery				
Measurement of Arterial Pressure				
Measurement of CVP				
Parent/Child Teaching				

<b>E. Infants with Respiratory Problems</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Assessment of Breathing Sounds				
Assisting in Intubations				
Assessment of ET Tube Placement				
Care of Infant on a Ventilator				
Knowledge of ventilator settings				
Nasal CPAP				
Obtaining Blood Gases/Lab Tests:				
Heelstick (Capillary)				
Umbilical Artery Line				
Peripheral Arterial Stick				
Interpretation of Blood Gases				
Chest Physiotherapy/Suction				
Care of Infant with:				
Asphyxia				
RDS (Respiratory Distress Syndrome)				
Apnea				
Bronchopulmonary Disease				
Hyaline Membrane Disease				
Meconium Aspiration				
Pneumothorax				
Pulmonary Interstitial Emphysema (PIE)				
Persistent Fetal Circulation (PFC)				
Diaphragmatic Hernia				
Massive Aspiration Syndrome				
Persistent Pulmonary Hypertension				
Chest Tube (Pleurovacs)				
Assisting with Insertion and Setup				
Maintenance and Care				
Oximeters/Transcutaneous Oxygen Monitor (PO2)				
Ventilation with Anesthesia Bag				
Assessment of Pneumothorax by Transillumination				
Use of Respiratory Assistance Equipment				
ECMO (Extracorporeal Membrane Oxygenation)				
Jet Ventilators or Oscillators				
Use of Artificial Surfactant				
Tracheostomy Care				
<b>F. Infants with Neurological Problems</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Assessment of LOC				
Assessment of Fontanel				
Assessment of Pupil Size and Response				
Care of Infant with:				
Interaventricular Hemorrhage				
Craniostenosis				
Hydrocephalus				
Seizures				
Spinal Bifida				
Drug Addiction/Drug Exposure				
Shunts				
Assisting with Lumbar Puncture				
Administration of :				
Anticonvulsive Medications				
Steroids				
Anticoagulants				
Maintaining a Neutral Thermal Environment				

Parent Teaching				
<b>G. Infants with Gastrointestinal Problems</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Assessment of GI Status:				
Measurement of Abdominal Girth				
Assessment of Bowel Sounds				
Feeding Tolerance				
Stool Tests				
Nasogastric Tube, Sump Tube, Intermittent & Continuous Suctioning				
Gastrostomy Tube				
Gavage Feeding:				
Nasogastric				
Nasojejunal				
Colostomy/Ileostomy Care				
Phototherapy Treatment				
Care of Infant with:				
Tracheoesophageal Fistula (TEF)				
Omphalocele				
Gastroschisis				
Inguinal Hernia				
Necrotizing Enterocolitis				
Cleft Palate/Lip				
Parent Teaching				
<b>H. Infants with Renal/GU Problems</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Peritoneal Dialysis				
Insertion of Urinary Catheter				
Suprapubic Catheter care and maintenance				
Collection of Urine Specimen				
Care of Infant with:				
Disorders of External Organs (Bladder Atresia)				
Malformation of GU Tract, Kidney				
Ambiguous Genitalia				
Renal Failure				
Test and Interpret Urine Abnormalities				
<b>I. Infants with Orthopedic Problems</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Assistance with devices (i.e. Splints, Casts, Traction)				
Range of motion exercises				
<b>J. Infants with Electrolyte and Endocrine System Disorders</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Normal Electrolyte/Mineral values				
Blood Glucose Levels via Dextrostix / Glucometer				
Care of Infant of a Diabetic Mother (IDM)				
Hyperbilirubinemia				
<b>K. Infants with Wound or Skin Problems</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
Assessment of wound healing				
Prevention of Impaired Skin Integrity				
Assessment of Color Change of Skin:				
Jaundice				
Cyanosis				
Mottling				
Petechiae				
Care of Infant with Neonatal Sepsis				
Collection of Culture Specimens				
<b>L. Infants with Infectious Diseases</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Interpretation of Lab Results:				
CBC/differential				

Culture reports				
Maternal lab results				
Equipment & procedures:				
Assist with lumbar puncture				
Collect culture specimens				
Isolation techniques				
Standard (universal) precautions				
Care of the neonate with:				
Hepatitis surface antigen+ mother				
HIV positive mother				
Neonatal sepsis				
Medications – Immunizations:				
HBIG				
HBV				
HIB				
Polio				
DPT				
<b>M. Other</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Pain Management –Post Op and Post Procedure				
Care of Neonate with Sedations (i.e. Morphine)				
Care of Infant with:				
Anaphylactic Shock				
Disseminated intravascular coagulation				
Multi-System organ failure				
Organ / Tissue Donation				
Chemical Dependency				
Developmental Interventions and Assessment				
Care of Extremely Low Birth Weight Infant				
Bereavement Support				
Universal Precautions				
Isolation Techniques and Procedures				
Blood Glucose Monitoring				

My experience is primarily in:					
<input type="checkbox"/> Level II Nursery	Years:	Months:	<input type="checkbox"/> Level III Nursery	Years:	Months:
Credentials (Check all that apply)					
<input type="checkbox"/> BLS		<input type="checkbox"/> TNCC			
<input type="checkbox"/> ACLS		<input type="checkbox"/> BLS Instructor			
<input type="checkbox"/> PALS		<input type="checkbox"/> ACLS Instructor			
<input type="checkbox"/> NALS/NRP		<input type="checkbox"/> Charge Experience			
<input type="checkbox"/> CEN		<input type="checkbox"/> ENPC			
Neonatal Age Specific Practice Criteria:					
Please check the boxes below for which you have expertise in providing age-appropriate nursing care.					
<input type="checkbox"/> <b>Able</b> to adapt care to incorporate normal growth and development.					
<input type="checkbox"/> <b>Able</b> to adapt method and terminology of parental instructions to their age, comprehension and maturity level.					
<input type="checkbox"/> <b>Can</b> ensure a safe environment reflecting specific needs of various age groups.					

**Please read and agree to the statements below by marking the checkbox.**

\*I attest that the information I have given is true and accurate to the best of my knowledge and that I am the individual completing this form. I hereby authorize the Company to release this Neonatal Intensive Care RN Skills Checklist to the Client facilities in relation to consideration of employment as a Traveler with those facilities as indicated by my signature below:

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date