



# Labor Delivery / Maternity RN Skills Checklist

This skills checklist is to be used by RNs with more than one year of nursing experience in their specialty. It will be utilized by healthcare facilities as a determining factor in assignment approval and for skill assessment while on assignment. Please complete all sections thoroughly and accurately. This document will remain a permanent part of your HR file with Solutions Staffing until it is amended or replaced.

Date \_\_\_\_\_ Name (*print*) \_\_\_\_\_

### Key to Competency Levels

0 – No Experience 1 – Minimal experience, need review and supervision, have performed at least once 2 – Comfortable performing with resource available 3 – Competent to perform independently and safely 4 – Expert, able to act as resource to others

Standards of Care	0	1	2	3	4
Maintains standards of nursing practice and professional conduct as determined by the licensing body and the practice setting.					
Bases practice on the best evidence from nursing science and other sciences and humanities.					
Makes decisions about actual or potential problems and strengths, plans performs interventions and evaluates outcomes.					
Adheres to the ethical standards of the nursing profession.					
Provides nursing services and collaborates with other members of the healthcare team in providing health care services.					
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Assumes primary responsibility for maintaining competence and fitness to practice.					
Labor and Delivery	0	1	2	3	4
Assess Cervical Dilation					
Assess Labor Status					
Speculum Examination					
Obtaining Vaginal /Cervical Cultures					
Non-Stress Test					
Application of External ECG/TOCO EFM					
Application of Internal ECG					
Interpretation of External /Internal ECG					
Assisting with Insertion of IUPC					
Conducting NST/BSST					
IV Insertion					
Insertion of Cervadil					
Pitocin Titration for Induction/Augmentation					
Assist with Epidural					
Assist /Monitor Amnioinfusion					
Assist with Scalp pH Test					
Assist with Vacuum Delivery					
Assist with Forceps Delivery					
Assist with Vaginal Delivery					
Circulate for Cesarean Section Delivery					
Emergency Cesarean Section Set Up					
Assist with Twin Deliveries					
Assist with Breech					
Management of D & C					
Management of Fetal Demise/Stillborn					
Adoption Procedures					
Management of a Diabetic Mother					
Procedures for the Following:					

Diabetic Mother					
PIH					
Pre-eclamptic					
Preterm Labor					
Prolapsed Cord					
Abruption					
Placenta Previa					
Retained Placenta					
Herpes / HIV / Hep B					
Uterine Prolapse					
Hemorrhage					
Shoulder Dystocia					
DIC					
Accretia					
Drug Abuse					
Episiotomy					
Delivery Table Set Up					
Neonatal Resuscitation					
<b>Medications</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Magnesium					
Pitocin					
Terbutaline					
Antibiotics					
Narcotics					
Hemabate					
Methergine					
Narcan					
Insulin					
Heparin					
Rhogan					
<b>Maternity</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Obtain Cord Blood Gas					
<b>Care of Infant</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Vital Signs					
Apgar Score					
Thermoregulation					
Cord Care					
Triple Dye					
Weight					
Length					
Head Circumference					
Chest Circumference					
Suctioning Airway					
Gastric Aspiration					
Application of Eye Prophylaxis					
Vitamin K Injection					
Physical Assessment of Infant					
Triage to Nursery or NICU					
<b>Post Partum Assessment</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Vital Signs					
Breasts					
Fundus					

Abdominal Incision					
Perineum					
Vaginal Bleeding /Lochia					
Homan's Sign					
Bladder Distention					
Maternal Adjustment					
Assessment of I & O					
Ice / Heat Lamp Treatments					
IV Start and Maintenance					
Assisting Patient and Teaching with:					
Breast Feeding					
Bottle Feeding Infant					
Bathing Infant					
Cord Care					
Changing Diaper					
Dressing and Wrapping Infant					
Post Circumcision Care					
Teaching mother about her own skin care					
Breast Engorgement, knowledge and prevention					
Caring for patient giving up for adoption					
Caring for patient with critically ill infant					
Caring for the grieving post partum patient					
Mother / Baby care					
Charge Nurse Experience					
<b>Recovery of Mother with</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
NSVD					
Low Forceps					
Vacuum Extraction					
Cesarean Section					
Regional Anesthesia					
General Anesthesia					
Post Partum Hemorrhage					
Infection					
<b>Postpartum Complications:</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Diabetic					
PIH					
Pre-eclamptic					
Postpartum Hemorrhage					
Care of Newborn					
Breastfeeding					
Bottle feeding					
Infant Formulas					
D10W					
PKU Testing					
Stabilize /Admit to Nursery					
Care of Newborn with Anomaly					
Heel Sticks /Dorsal Sticks					
Blood Glucose Monitoring					
Phototherapy					
Set Up/Care of Newborn Receiving Phototherapy					
Set Up/Assist with Circumcision					
Discharge of Mother/Baby					

<b>Knowledge of Equipment</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Cardiac Monitoring					
Defibrillator					
Ambu Bag Infant					
Ambu Bag Adult					
Radiant Warmers-Thermostat Control					
Radiant Warmers-Thermostat Probe					
Anesthesia Cart					
Autoclave					
Birthing Beds					
Delivery Room Tables					
Stirrups					
C-Section Tray					
Major GYN Tray					
Major OB Tray					
NSVD Tray					
Forceps					
Single Instruments					

<b>Experience Areas, Record Years/Months of Previous Experience. (Check all that apply.)</b>					
<input type="checkbox"/> Post Partum	Years:	Months:	<input type="checkbox"/> Nursery Level 1 – Well Baby	Years:	Months:
<input type="checkbox"/> MB – Mother - Baby	Years:	Months:	<input type="checkbox"/> Nursery Level 2 – Sick Baby	Years:	Months:
<input type="checkbox"/> L&D – Labor and delivery	Years:	Months:	<input type="checkbox"/> Nursery Level 3 –Premature Critically Ill Baby	Years:	Months:
<b>Certificates Held (Check all that apply.)</b>					
<input type="checkbox"/> ACLS			<input type="checkbox"/> IV Certified		
<input type="checkbox"/> PALS			<input type="checkbox"/> Charge Experience		
<input type="checkbox"/> NALS			<input type="checkbox"/> Other		

<b>Experience with Age Groups</b> <b>Please check all the boxes that apply below for each age group for which you have expertise in providing age-appropriate nursing care.</b>	<b>Newborns/Neonates (birth 3 – 30 days)</b>	<b>Infants (30 days – 1 year)</b>	<b>Toddlers (1 – 3 years)</b>	<b>Preschoolers (3 – 5 years)</b>	<b>School Age Children (5 – 12 years)</b>	<b>Adolescents (12 – 18 years)</b>	<b>Young adults (18 – 39 years)</b>	<b>Middle adults (39 – 64 years)</b>	<b>Older adults (64+)</b>
Able to adapt care to incorporate normal growth and development.									
Able to adapt method and terminology of patient instructions to their age, comprehension and maturity level.									
Can ensure a safe environment reflecting specific needs of various age groups.									

**Please read and agree to the statements below by marking the checkbox.**

\* I attest that the information I have given is true and accurate to the best of my knowledge and that I am the individual completing this form. I hereby authorize the Company to release this Labor Delivery RN Skills Checklist to the Client facilities in relation to consideration of employment as a Traveler with those facilities as indicated by my signature below:

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date