

AMBULATORY CARE SKILLS CHECKLIST

This self evaluation is for assessing your experience in specific clinical areas.

1 = No Experience 2 = Limited Experience 3 = Experienced 4 = Highly Skilled

GENERAL NURSING	1	2	3	4
Admit & Assess Patients				
Discharge Teaching				
Supervise Unlicensed Personnel				
Vital Sign Monitoring				
Pulse Oximetry				
Assist with Code / Resuscitation				
Automatic External Defibrillator				
Portable EKG Monitor				
Isolation Techniques				
Advance Directives				
Pain Assessment / Management				

MEDS / IV THERAPY	1	2	3	4
Administer PO Medications				
Administer IM & SQ Meds				
Peripheral IV Insertion				
Discontinue Peripheral IVs				
Administer IV Medications				
Needle-less Systems				
Access / Care of Central Lines				
Access / Care of Ports				
Removal of Central Lines				
Access / Care of PICC Line				
Removal of PICC Line				
Draw Blood for Lab Studies				

CARDIAC	1	2	3	4
Perform 12-lead EKG				
Application of Holter Monitor				
Excision of Nail or Nail Matrix				
Debridement of Foot Wounds				
Pacemaker Testing Equipment:				
Attach Leads to Pacemaker Monitor				
Distinguish Type of Pacemaker				
Collect Data Regarding Pacemaker				
Pacemaker Telephone Service				
Vascular Preop Prep & Teaching:				
Preoperative Teaching				
Coordinate Workup(Xray,Lab,Ekg etc.)				
Collect Appropriate Data				
Prepare Chart				
Instruct use of Incentive Spirometer				

GENERAL SURGERY	1	2	3	4
Debridement of Wound				
Incision and Drainage				
Set-up / Assist Suturing				
Suture Removal				
Staple Removal				
Drain Insertion				
Drain Removal				
Minor Surgery				
Evacuation of Hematoma / Seroma				
Excision of Lesions and Masses				
Application of Dressings				
Application of Burn Dressings				
Anoscopy				
Flexible Sigmoidoscopy				
Hemorrhoid Banding				
Use of Doppler				
Use of Electrosurgical Cautery				

NEUROLOGY	1	2	3	4
Administration of Imitrex				
Administration of Betaserone				
Administration of Copaxone				
Administration of Avonex				
TENS(Transcutaneous Elec.Nerve Stimulator)				

ORTHOPEDIC	1	2	3	4
Pin Care				
Remove External Fixators w/ Pin				
Screw-Hardware Removal				
Instruct Crutch Walking				
Cast Care				
Apply Braces (Wrist,Ankle etc.)				
Apply Immobilizers (Clavicle, Knee etc.)				

NEUROSURGERY	1	2	3	4
Assist with Lumbar Puncture				
Assist with Trigeminal Nerve Block				
Halo Adjustment				
Halo Removal				
Baclofen Pump Refill & Check				
Set up Baclofen Pump Computer				

PULMONARY	1	2	3	4
Apply Oxygen				
Obtain Arterial Blood Gases (ABGs)				
Interpret ABGs				
Thoracentesis				
Trach Care / Suctioning				
Instruct Patient / Family Regarding:				
Home Oxygen Use				
Metered Dose Inhaler				
Aerochamber				
Flutter Valve				
Peak Flow Meter				
Thera Positive Expir. Pressure Therapy				
GASTROINTESTINAL	1	2	3	4
Assess Bowel Sounds				
Assess GI Distress / Bleeding				
Insertion / Monitoring NG Tube				
DERM & DERM SURGERY	1	2	3	4
Shave Biopsy				
Punch Biopsy				
Excisional Biopsy				
Scissor Biopsy				
Electrodesiccation & Curettage (ED&C)				
Excision				
Unna Boot				
Patch Test				
Phototherapy				
Dermabrasion				
Nail Surgery				
IM Methotrexate Injection				
IM Steroid Injection				
Moh's Surgery:/ Chemo				
Moh's Surgery Closure				
Facials for Cleansing & Exfoliation				
Facials with Extractions				
Microdermabrasion				
Hair Removal with Laser				
Use of Equipment per Instructions:				
Total Body UVB Unit (Narrow Band)				
Total Body UVB Unit (Broad Band)				
Portable UVB Unit				
Total Body UVA Unit				
Portable UVA Unit				
Pulsed Dye Laser				
Argon Laser				
CO2 Laser				
Versa Pulse Laser				
PLASTICS	1	2	3	4
Liposuction				
Blepharoplasty / Rhytidectomy				
Excision of Lesions & Masses				
Laser Procedures				
Nipple Reconstruction				
Tissue Expansion				

UROLOGY	1	2	3	4
Straight / Foley Cath Female				
Straight / Foley Cath Male				
Obtain / Instruct Clean Catch Urine				
Catheterization of Urostomy				
Catheterization of Charleston Pouch				
Uroflowmetry				
Suprapubic Tube				
Nephrostomy Tube				
Bladder Irrigation and/or Instillation				
Cystoscopy				
Stent Removal				
Bladder Biopsy				
Cystometrogram				
Prostate Biopsy				
Urethral Dilatation				
Contigen Injection to Bladder Neck				
Testosterone Implant				
Lupron Therapy for Prostate Cancer				
Catheterization of Urostomy				
PAP Smears				
ENDOCRINOLOGY	1	2	3	4
Specialized Endocrine Tests				
Thyroid Aspirate / Biopsy				
Insulin Provocative Test (Triple Test)				
TB Skin Testing				
Use of Accucheck Monitor				
Diabetic Teaching				
ENT	1	2	3	4
Sinus Irrigation				
Ear Biopsy				
Ear Irrigation w/ Hi Pressure Syringe				
Nose Biopsy				
Mouth Biopsy				
Myringotomy with Tubes				
Myringotomy without Tubes				
Closed Reduction of Nasal Fracture				
Fiberoptic Laryngoscopy				
Facial Nerve Monitor Stimulation				
Maloney Esophageal Dilatation				
PAIN MANAGEMENT	1	2	3	4
Trigger Point Injections				
Cervical Epidural				
Lumbar Epidural				
Stellate Ganglion Block				
Bier Block				
Axillary Block				
Thoracic Epidural				
Lidocaine Infusion Test				
Implantable Narcotic Pump Refill				
Caudal				
Selective Nerve Root Blocks				
Facet Joint Blocks				
Celiac Plexus Blocks				
Use of Pneumatic Tourniquet				
Cryo-Analgesia Machine				

MAXILLOFACIAL	1	2	3	4
Maxillofacial Prosthetics				
Prosthodontics-Restorative Dentistry				
Preventive Care				
Sterilization & Infection Control				
Patient Teaching - Follow-up Care				

RHEUMATOLOGY	1	2	3	4
Arthrocentesis (Aspiration)				
Arthrocentesis (Injection)				
Solganol (Gold) Injection				
TRANSPLANT	1	2	3	4
Liver Biopsy				
Kidney Biopsy				
Paracentesis				

Age-Appropriate Care: Ability to adapt care to incorporate normal growth and development, adapt method and terminology of client instructions as it relates to the age and comprehension level of the client, and to ensure a safe environment - reflecting specific needs of the client and various age groups.

AGE	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days - 1 year)				
Toddler (1 - 3 years)				
Preschooler (3 - 5 years)				
School Age (5 - 12 years)				

AGE	1	2	3	4
Adolescents (12 - 18 years)				
Young Adults (18 - 39 years)				
Middle Adults (39 - 64 years)				
Older Adults (64+ years)				

The information I have given is true and accurate to the best of my knowledge, and I hereby authorize Solutions Staffing Inc. to release this information to staffing clients on my behalf.

Signature

Date